



**AUTHORIZATION TO RELEASE MENTAL HEALTH INFORMATION**

I, \_\_\_\_\_ understand that the information contained in my  
(name of patient)  
record is confidential. However, I give my consent for \_\_\_\_\_ at  
(name of therapist)  
\_\_\_\_\_ to release my  
(therapist address)  
Mental Health treatment records from \_\_\_\_\_ to \_\_\_\_\_, or information concerning such records to:  
(date) (date)  
\_\_\_\_\_  
(specific therapist or organization)  
\_\_\_\_\_  
(address)  
for the specific purpose of \_\_\_\_\_  
(specific nature and extent of information to be released)

I authorize the release of the following information obtained in the course of diagnosis and treatment: (initial authorized)

- \_\_\_\_\_ Assessment results and recommendations
- \_\_\_\_\_ Testing / Screening results
- \_\_\_\_\_ Progress Note / Case Notes
- \_\_\_\_\_ Consultations / Evaluations
- \_\_\_\_\_ Education progress / Grades
- \_\_\_\_\_ Other: (specify) \_\_\_\_\_

I understand that I may revoke this consent at any time by mailing a written revocation to the MEA Privacy Officer, except to the extent that action has already been taken on this authorization. I further understand that this consent Will expire upon \_\_\_\_\_ and cannot be renewed without my written consent. I understand that any  
(not to exceed one year)  
information disclosed may be re-disclosed by the recipient, and that all such information would no longer be protected by federal privacy regulations. I understand that I may refuse to sign this authorization and my refusal will Not affect my ability to obtain treatment, payment, or eligibility for benefits.

\_\_\_\_\_  
Signature of Patient (adult or minor) \_\_\_\_\_ Date

\_\_\_\_\_  
Parent / Guardian Signature (specify relationship)

**PATIENT IDENTIFYING DATA**

\_\_\_\_\_  
(last name) (first name) (middle) (date of birth)  
\_\_\_\_\_  
(social security number) \_\_\_\_\_ Guardian Name